

# SPA Menu



## SIGNATURE Journeys

### Kurhula Body Ritual 90 min R1 100

Discover your kurhula, "inner peace" as you indulge in our signature holistic body ritual. This unique full body massage using our signature massage balm, flows into a revitalising mini facial bringing balance to your body, mind and soul.

### Jewel of Africa Body Ritual 90 min R1 100

Experience the restorative and energising quality of crystals, warm oils and flowing movements, which work together to rapidly reduce muscle tension in the body. This deluxe treatment balances your energies, releases emotional stress and leaves you with a feeling of complete relaxation and wellbeing.

### Refuel Body Ritual 90 min R1 100

Enjoy complete relaxation during the scalp, back, leg and foot massage followed by a rejuvenating express facial.

### The Traveller 60 min R 855

A therapeutic foot ritual followed by a deeply relaxing back, neck & shoulder massage.

### The Traveller 90 min R1 100

A therapeutic foot ritual followed by a deeply relaxing full body massage.

## MASSAGE Collection

### Classic Swedish Massage 60min R 650 90min R1 050

### Aromatherapy 60min R 650 90min R1 050

### Lefika Hotstone 60min R 650 90min R1 050

### Deep Tissue 60min R 650 90min R1 050

### Ikétla Back & Shoulder 30min R 390 45min R 495 60min R 650

### Mom-to-be Massage 30min R 390 45min R 495 60min R 650

### Tension Release Foot Massage 30min R 350

### Head, Neck & Shoulder Massage - with hair treatment 30min R 370

## LUXURIOUS Body Collection

### Amani Cocoon 75 min R 750

A full body exfoliation and wrap, to condition and nourish the skin while enjoying a relaxing scalp massage. The experience is completed with a nourishing body butter application.

### Amani Body Polish 30 min R 370

Enjoy this exfoliating and cleansing experience which leaves the skin radiant and soft to the touch.

### Amani Steam 45 min R 495

Relax in the steam room with a the self application of an exfoliating body mask to soften and nourish the body followed by a rich body butter application.

### Slimming and Detox Journey 2 hrs R1 220

Amani cocoon and slimming massage.

### Amani Hydro Bath 30 min R 250

Unwind in the hydro bath.

### Amani Hydro Bath and Massage 90 min R1 250

Soak your stresses away in the hydro bath, followed by a full body massage.

## DELUXE Facials

### Anti-ageing & Regenerating 30min R 490 60min R 690 90min R1 100

### Ultimate Hydrating 30min R 490 60min R 690 90min R1 100

### Intensive Purifying 30min R 490 60min R 690 90min R1 100

### Calming Sensitive 30min R 490 60min R 690 90min R1 100

## AMANI Man

### Anti-ageing Gentleman's Facial 60min R 690

### Anti-ageing Gentleman's Facial 90min R1 100

### MANicure 45min R 270

### Classic Pedicure 45min R 290

## BEAUTIFUL Hands & Feet

Classic Manicure	60min	R 295
Express Manicure	30min	R 210
Classic Manicure with Gel Polish	75min	R 410
Classic Pedicure	60min	R 320
Express Pedicure	30min	R 235
Classic Pedicure with Gel Polish	75min	R 430
Foot Ritual	30min	R 350
Mani and Pedi Duo	90min	R 550
Mani and Pedi Duo with Gel Polish application	120min	R 730
Re-shape, Buff and Polish	30min	R 160
Gel Polish application	40min	R 240
Soak-off per set	30min	R 150
French Polish - additional	15min	R 85

## PAMPER Journeys

Classic Journey	3.5 hrs	R1 665
Full body massage, deluxe facial, mani and pedi duo.		
Indulgence Journey	5 hrs	R2 575
Amani steam, Jewel of Africa, mani and pedi duo and deluxe facial.		
Revival Journey	2 hrs	R1 325
Body polish, back, neck and shoulder massage, express facial, express pedicure.		
Couples Journey (2 people)	3 hrs	R3 155
Amani steam cocoon, full body massage, express pedicure.		
Mama's Indulgence	3 hrs	R1 775
Body polish, full body massage, express facial, express mani, express pedicure.		

## GROOMING & Epilation/Waxing

\* Prices available on request and on our website.

## SPA Etiquette

**Spa Facilities:** Amani offers all spa guests the use of its facilities. We are sure you will understand that in keeping with the serene atmosphere within the spa, cell phones must be switched to silent.

**Punctuality:** Guests are requested to arrive 20 minutes or more prior to your treatment time in order for you to complete a consultation card. A late arrival may result in a shorter treatment, or possibly even a forfeited treatment.

**Spa Operating Hours:** From Monday to Sunday, including public holidays.

**Spa Treatments:** All treatments are subject to therapists' availability. Prices are subject to change without notice, and are inclusive of vat.

**Consultation:** Please inform your therapist of any medical condition/s, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

**Safety Regulations:** We recommend that you do not wear any jewellery during your visit, and that you keep all valuables (including cell phones) with you at all times.

**Payment:** We accept cash, debit cards, all credit cards and room charges as a form of payment. In certain instances, a prepayment may be required to secure your booking.

**Age Restriction:** Guests of 16 and over are welcome at Amani Spas. Adult supervision is required for children under 16. Hydro facilities are not available to children under 16.

**Dress Code:** Swimming costumes must be worn when using the hydro and pool facilities. The spa has a no-nudity policy.

**Cancellation Policy:** A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 8 hours or less of the appointment time; in the case of a "no-show", the full cost will be charged. Should the booking be confirmed with a gift voucher, a cancellation fee of 50% of the value of the gift voucher will be charged, and in case of a "no show", the full value of the gift voucher will be considered as redeemed. Should a group consisting of 5 persons or more wish to cancel their booking, they are requested to provide at least one week's notice or the full value of the group booking will be charged.

**Gift Vouchers:** Gift vouchers are available from the spa & are redeemable at any Amani Spa nationwide. Vouchers can be issued for specific treatments or value. The original gift vouchers must be presented at an appointment in order to be honoured. Gift vouchers may not be redeemed for cash.

**Discount Vouchers:** May only be used for spa treatments and may not be used for retail purchases.

**Special Offers and Promotions:** May not be used in conjunction with discount vouchers or loyalty programmes.

**Disclaimer:** Every person entering the spa facilities or utilizing the facilities and equipment on these premises does so entirely at their own risk and agrees that Amani, its management or therapists and/or the hotel shall not be held liable or responsible, whether jointly or severally, for any loss, injury, damages, claim and/or compensation of whatsoever nature. Such person by their entry to these premises for any reason whatsoever waives any and all claims against the aforementioned.



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