

Amani
Spa

Exec | **Care**
SPA MENU

SIGNATURE JOURNEYS

KURHULA BODY RITUAL

90min R 1 200

Discover your kurhula, “inner peace” with this holistic full body massage using our signature massage balm, following into a hydrating mini facial.

JEWEL OF AFRICA MASSAGE

90min R 1 200

A restorative and energising massage using warm coconut oil, unique salt stones and flowing massage movements for pure balance and rejuvenation.

THE EXECUTIVE

60min R 720

Indulge in a nourishing and invigorating hand and foot ritual followed by a deeply relaxing warm coconut balm Neck, Back & Shoulder massage.

SPORTS RECOVERY THERAPIES

SPORTS RECOVERY MASSAGE*

60min R 690 90min R 950

A therapeutic massage expertly designed to minimize your recovery and maximize your performance.

WARM TRIGGER POINT MASSAGE

30min R 490

Area focused heated massage addressing a specific muscle group to relieve tension.

COOLING THERAPEUTIC MASSAGE

30min R 490

An area focused massage to decrease pain, swelling and inflammation.

REFLEXOLOGY*

45min R 550

A holistic massage technique manipulating pressure points on the feet to relieve tension and promote balance and well-being for body, mind and soul.

*Specialized massages are subject to therapist availability.

MASSAGE & BODY COLLECTION

CLASSIC SWEDISH

60min R 650

Traditional massage using an array of techniques to bring immediate relaxation.

AROMATHERAPY

60min R 650

Combining the power of gentle touch and Amani’s signature aroma therapeutic essential balms this holistic massage brings deep and lasting equilibrium to both body and mind.

DEEP TISSUE

60min R 650

A powerful therapy focusing on deep layers of muscle & connective tissue which is especially helpful for chronic muscular tension and stiffness.

LEFIKA HOT STONE

60min R 650

A sensory massage using natural river stones radiant with heat, nature’s way of deeply reducing muscle tension while stimulating circulation to activate vital life force energy.

IKËTLA

30min R 400 45min R 520 60min R 650

A relaxing massage focused on the back, neck and shoulders to relieve muscular tension.

PRESSURE POINT FOOT MASSAGE

30min R 400

A relaxing lower leg & foot massage leaving you feeling as though you were floating.

BLISSFUL SOLES

30min R 450

Mineral foot soak, exfoliation of the lower leg and foot massage.

PREGNANCY MASSAGE

60min R 650

Relaxing full body massage for Mom-To-Be. (* Only after 1st trimester)

AMANI BODY POLISH

30min R 350

Enjoy this cleansing exfoliation experience which leaves the skin radiant and soft to the touch.

DETOX BODY WRAP

45min R 490

A deeply relaxing body treatment that provides intensive re-mineralization, detoxification and slimming booster benefits.

AMANI MAN

BABOR MEN'S FACIALS

A results-driven men's skin care range, with the finest natural ingredients, providing visibly improved, lasting, healthy skin tone and a luxury experience.

EXPRESS FACIAL	30min R 450
DEEP CLEANSING FACIAL	60min R 650
ANTI - AGEING FACIAL	60min R 790

FACIALS ADD-ONS

✦ COLLAGEN MASK	15min R 280
✦ HYDRATING FLUID	each R 60
✦ INSTANTLY AGELESS EYE FIRMING BOOSTER	R 100

GENTLEMEN'S GROOMING

MANICURE	45min R 270
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PEDICURE	45min R 290
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WAXING

✦ FACE	R 180
✦ EYEBROWS	R 110
✦ BACK	R 350
✦ FULL ARM	R 190
✦ 1/2 ARM	R 130
✦ CHEST	R 220
✦ ABDOMEN	R 150
✦ FULL LEG	R 350

MANLY MESSAGES

CLASSIC SWEDISH	60min R 650
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Traditional massage using an array of techniques to bring immediate relaxation.

DEEP TISSUE	60min R 650
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A powerful therapy focusing on deep layers of muscle & connective tissue which is especially helpful for chronic muscular tension and stiffness.

LEFIKA HOT STONE	60min R 650
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A sensory massage using natural river stones radiant with heat, nature's way of deeply reducing muscle tension while stimulating circulation to activate vital life force energy.

IKÊTLA	30min R 400	45min R 520	60min R 650
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A relaxing massage focused on the back, neck & shoulders to relieve tension.

PRESSURE POINT FOOT MASSAGE	30min R 400
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A relaxing lower leg & foot massage leaving you feeling as though you were floating.

SPORTS RECOVERY THERAPIES

* Please see preceding page.

AMANI WOMAN

BABOR WOMEN'S FACIALS

A results-driven women's skin care range, with the finest natural ingredients, providing visibly improved, lasting, healthy skin tone and a luxury experience.

EXPRESS FACIAL	30min	R 450
HYDRATING FACIAL	60min	R 650
ANTI - AGEING FACIAL	60min	R 790

FACIALS ADD-ONS

✦ COLLAGEN MASK	15min	R 280
✦ BEAUTY FLUID	each	R 60
✦ INSTANTLY AGELESS EYE FIRING BOOSTER		R 100

BEAUTIFUL HANDS & FEET

EXPRESS MANICURE	30min	R 220
EXPRESS PEDICURE	30min	R 235
EXPRESS MANI & PEDI DUO	60min	R 400
CLASSIC MANICURE	60min	R 320
CLASSIC PEDICURE	60min	R 350
CLASSIC MANI & PEDI DUO	90min	R 600

Add-Ons & Maintenance

POLISH INCL CUTICLE WORK		R 110
FRENCH POLISH INCL CUTICLE WORK		R 120
GEL POLISH APPLICATION		R 220
SOAK-OFF PER SET, RESHAPE & BUFF		R 150
RE-SHAPE, BUFF & POLISH		R 180

FINISHING TOUCHES

LADIES' WAXING

FACE	R 170	BIKINI	R 190
BROW	R 80	FULL BIKINI (FRONT & BACK)	R 230
LIP	R 80	G - STRING	R 210
CHIN	R 80	BRAZILIAN	R 220
UNDERARMS	R 100	HOLLYWOOD	R 290
FULL ARM	R 170	FULL LEG	R 270
3/4 ARM	R 155	3/4 LEG	R 260
1/2 ARM	R 130	1/2 LEG	R 190
ABDOMEN	R 100		

TINTING

EYELASH		R 95
EYEBROW		R 80
LASH & BROWS		R 165

SPA ETIQUETTE

Spa Facilities: Amani offers all spa guests the use of its facilities. We are sure you will understand that in keeping with the serene atmosphere within the spa, cell phones must be switched to silent.

Punctuality: Guests are requested to arrive 10 minutes or more prior to your treatment time in order for you to complete a consultation card. A late arrival may result in a shorter treatment, or possibly even a forfeited treatment.

Spa Operating Hours: From Monday – Saturday

Spa Treatments: All treatments are subject to therapists' availability. Prices are subject to change without notice, and are inclusive of vat.

Consultation: Please inform your therapist of any medical condition/s, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

Safety Regulations: We recommend that you do not wear any jewellery during your visit, and that you keep all valuables (including cell phones) with you at all times.

Payment: We accept cash, debit cards, all credit cards

Cancellation Policy: A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 8 hours or less of the appointment time; in the case of a "no-show", the full cost will be charged. Should the booking be confirmed with a gift voucher, a cancellation fee of 50% of the value of the gift voucher will be charged, and in case of a "no show", the full value of the gift voucher will be considered as redeemed. Should a group consisting of 5 persons or more wish to cancel their booking, they are requested to provide at least one week's notice or the full value of the group booking will be charged.

Gift Vouchers: Gift vouchers are available from the spa & are redeemable at any Amani Spa nationwide. Vouchers can be issued for specific treatments or value. The original gift vouchers must be presented at an appointment in order to be honoured. Gift vouchers may not be redeemed for cash.

Discount Vouchers: May only be used for spa treatments and may not be used for retail purchases.

Special Offers and Promotions: May not be used in conjunction with discount vouchers or loyalty programmes.

Disclaimer: Every person entering the spa facilities or utilizing the facilities and equipment on these premises does so entirely at their own risk and agrees that Amani, its management or therapists and or Exec|care shall not be held liable or responsible whether jointly or severally, for any loss, injury, damages, claim and /or compensation of whatsoever nature. Such person by their entry to these premises for any reason whatsoever waives any and all claims against the aforementioned.



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