

*Amani* ✦  
*Spa*



## SIGNATURE JOURNEYS

### KURHULA BODY RITUAL

90min R1 320

Discover your kurhula, “inner peace” as you indulge in our signature holistic body ritual. This unique & luxurious full body massage using Amani’s signature coconut massage balm, flows into a revitalising mini facial bringing balance to your body, mind and soul.

### JEWEL OF AFRICA MASSAGE

90min R1 320

Experience the restorative & energising quality of warm salt crystals, rich coconut balm & flowing movements, which work in unison to rapidly reduce tension in the body. This deluxe treatment balances your energies, releases emotional stress & leaves you with a feeling of complete relaxation & wellbeing.

### REFUEL BODY RITUAL

90min R1 320

Enjoy complete relaxation during the scalp, back, leg, neck and shoulder massage followed by a rejuvenating express facial.

### THE TRAVELLER

60min R 880

A therapeutic foot ritual followed by a deeply relaxing back, neck & shoulder massage.

### THE DELUXE TRAVELLER

90min R 1100

A therapeutic foot ritual followed by a deeply relaxing full body massage.

## MASSAGE COLLECTION

### CLASSIC SWEDISH

60min R 790 90min R1 160

Traditional massage using an array of techniques bringing immediate relaxation.

### AROMATHERAPY

60min R 790 90min R1 160

Combining the power of gentle touch and Amani’s signature aroma therapeutic essential balms, this holistic massage brings deep and lasting equilibrium to both body and mind.

### DEEP TISSUE

60min R 790 90min R1 160

A powerful therapy focusing on deep layers of muscle & connective tissue. This is especially helpful for chronic muscular tension and stiffness.

### LEFIKA HOT STONE

60min R 790 90min R1 160

A sensory massage using natural river stones radiant with heat, nature’s way of deeply reducing muscle tension, while stimulating circulation to activate vital life force energy.

### IKĚTLA

30min R 490 60min R 790

A relaxing massage focused on the back, neck & shoulders to relieve muscular tension.

### PRESSURE POINT FOOT MASSAGE

30min R 490

A relaxing lower leg & foot massage leaving you feeling as though you were floating.

### MOM-TO-BE MASSAGE

30min R 490 60min R 790

A completely relaxing full body massage.

### HAND OR FOOT RITUAL

30min R 400

A nourishing soak & scrub followed by a massage to soothe & relax tired hands or feet.



## LUXURIOUS BODY COLLECTION

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**AMANI COCOON** 60min R 850  
A full body exfoliation & wrap to nourish the skin while enjoying a relaxing scalp & foot massage. The experience is completed with a body butter application.

**AMANI BODY POLISH** 30min R 450  
Enjoy this salt or sugar exfoliating & cleansing experience which leaves the skin radiant & soft to the touch.

**POLISH AND NOURISH** 60min R 750  
Enjoy this exfoliating and cleansing experience which leaves the skin radiant and soft to the touch and includes a rich body butter application.

**SLIMMING AND DETOX JOURNEY** 2hrs R1 495  
A cleansing exfoliating mud wrap followed by an area focused slimming & draining massage helping to restore & activate the lymphatic system.

**SENSATIONAL BUSH BATH & IKETLA MASSAGE** 60min R 750  
Unwind in the bush bath, & soak your stresses away, followed by an Ikêtle back, neck and shoulder massage.

**SENSATIONAL BUSH BATH & MASSAGE** 90min R 940  
Unwind in the bush bath, & soak your stresses away, followed by a full body massage.

## BUSH BABIES

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**ELEPHANT FOOT PRINT MASSAGE** 20min R 250

**THE BUSY BEE** 20min R 250

**PAW MANI** 20min R 250

**PAW PEDI** 20min R 250

## DELUXE FACIALS

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**ANTI-AGEING & REGENERATING** 60min R 780  
An intensive anti-ageing treatment for a youthful complexion.

**EXPRESS FACIAL** 30min R 520  
A customised treatment to cleanse, exfoliate and nourish. Great for guests on the go or first timers.

**GENTLEMAN'S POWERLIFT FACIAL** 60min R 780  
A natural high tech facial to combat the signs of ageing.

### Add-Ons for all Facials

+ **BACK, NECK AND SHOULDER** 20min R 280

+ **LASH AND BROW TINT** 20min R 280

+ **NAIL BUFF AND POLISH** 20min R 280

## BEAUTIFUL HANDS & FEET

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**CLASSIC MANICURE** 60min R 480  
A hand treatment consisting of a hand soak, scrub, cuticle care, nail shaping, hand massage & polish application, leaving your hands beautifully conditioned.

**CLASSIC PEDICURE** 60min R 495  
Enjoy a relaxing foot soak & scrub, followed by nail shaping, cuticle care and polish application. A soothing & moisturising foot massage completes the treatment.

**RE-SHAPE, BUFF & POLISH** 30min R 280

**SOAK-OFF PER SET** 40min R 240

# PAMPER JOURNEYS

## AMANI ROMANCE (2 people)

2.5hrs R2 990

Your romantic retreat begins with rejuvenating body polish and relaxation in the bush bath, followed by our signature Kurhula Body Ritual, pampering the body with an indulgent full body massage, and the flowing into revitalising mini facial.

## THE FEAST FOR THE SOUL AND SENSES

3.5hrs R2 995

Discover a little African magic & experience Amani's signature Jewel of Africa massage using unique crystals, warm oils and flowing movements, to balance energy & release emotional stress. Your journey continues with a luxurious regenerating facial and classic pedicure to leave you feeling totally relaxed and rejuvenated.

## AMANI ROYALE

4.5hrs R2 995

Surrender to a day of head-to-toe pampering making you feel like royalty. Begin your journey with a hydrating body polish followed by an aromatherapy massage, a rhythmic, gentle full body massage using therapeutic aromatic plant oils to relax the body and a luxurious facial, a conditioning and nourishing mani and pedi duo completes your journey.

## AFRICAN PRINCESS

2hrs R1 495

A complete beauty package focused on a luxurious facial leaving you as pretty as a princess. Awaken from your journey with beautifully hydrated skin, your eyelashes & eyebrows tinted and your nails (Hands or feet) buffed and polished to colour of your choice.

# SPA ETIQUETTE

**SPA FACILITIES:** In keeping with the serene atmosphere within the Spa, we kindly request that cell phones are switched off or on silent.

**PUNCTUALITY:** Guests are requested to arrive 20 minutes or more prior to your treatment time in order for you to complete the consultation card. A late arrival may result in a shorter treatment, or possibly even a forfeited treatment.

**SPA OPERATING HOURS:** From Monday to Sunday, including public holidays.

**SPA TREATMENTS:** All treatments are subject to therapist availability. Prices are subject to change without notice, & are incl of vat.

**CONSULTATION:** Please inform your therapist of any medical condition/s, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

**SAFETY REGULATIONS:** We recommend that you do not wear any jewellery during your visit, and that you keep all valuables (including cell phones) safe in your locker. Your locker key should be kept with you personally at all times.

**PAYMENT:** All Guests are required to pay for their treatment/s by way of signing the treatment/s to their room account. Amani does not accept cash, credit cards or debit cards.

**AGE RESTRICTION:** Guests of 16 and over are welcome at Amani Spas. Adult supervision is required for children under 16.

**CANCELLATION POLICY:** A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 8 hours or less of the appointment time; in the case of a "no-show", the full cost will be charged. Should the booking be confirmed with a gift voucher, a cancellation fee of 50% of the value of the gift voucher will be charged, and in case of a "no show", the full value of the gift voucher will be considered as redeemed. Should a group consisting of 5 persons or more wish to cancel their booking, they are requested to provide at least one week's notice or the full value of the group booking will be charged.

**GIFT VOUCHERS:** Gift vouchers are available from the spa and are redeemable at any Amani Spa nationwide. Vouchers can be issued for specific treatments or for a specific value. The original gift vouchers must be presented at an appointment in order to be honoured. Gift vouchers may not be redeemed for cash.

**SPECIAL OFFERS:** May not be used in conjunction with discount vouchers or loyalty programmes.

**DISCLAIMER:** Every person entering the spa facilities or utilizing the facilities and equipment on these premises does so entirely at their own risk and agrees that Amani, its management or therapists and/or the hotel shall not be held liable or responsible, whether jointly or severally, for any loss, injury, damages, claim and/or compensation of whatsoever nature. Such person by their entry to these premises for any



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