



RELAX & UNWIND IN THE SLOW LOUNGE'S SPA TREATMENT ROOM AND ENJOY A COMPLIMENTARY SPA TREATMENT

DOMESTIC LONGES

IKETLA NECK, BACK & SHOULDER MASSAGE 20min
Ikêtle meaning "unwind", is a deeply relaxing massage which targets sore muscles, allowing the tension to drain from the shoulder, back and neck areas.

SCALP AND NECK MASSAGE 20min
A wonderfully relaxing scalp and neck massage.

TRAVELLER'S DELIGHT 20min
Enjoy a relaxing foot and leg massage soothing sore and tired feet, improving circulation and softening the skin.

INTERNATIONAL LONGES

IKETLA NECK, BACK & SHOULDER MASSAGE 30min
Ikêtle meaning "unwind", is a deeply relaxing massage which targets sore muscles, allowing the tension to drain from the shoulder, back and neck areas.

SWEDISH MASSAGE 60min
Using our signature organic coconut oil, enjoy a relaxing and rejuvenating full body massage providing immediate relief for stiff, tired and aching muscles.

AMANI HAND RITUAL 30min
Nail shaping, cuticle care, relaxing and nourishing hand massage which improves circulation, softens and hydrates your hands.

AMANI FOOT RITUAL 30min
Nail shaping, cuticle care, rough skin removal and relaxing foot massage to soften & nourish the feet.

TRAVELLER'S DELIGHT 20min
Enjoy a relaxing foot and leg massage soothing sore and tired feet, improving circulation and softening the skin.

SPA ETIQUETTE

SPA BOOKINGS:
Spa bookings must be made at the Slow Lounge Reception.

SPA TREATMENTS:
Spa treatments are complimentary and are subject to therapist availability.

PUNCTUALITY:
We kindly request you to arrive on time as a late arrival may mean that your treatment time is reduced or unable to be honoured.

DISCLAIMER:
SLOW, Amani or any of its Spa therapists cannot accept responsibility for adverse reactions, accidents or complications before, during or after Spa treatments. Amani is not liable for any theft, damage or loss that may occur.

CORPORATE WELLNESS & GROUP PACKAGES

Amani corporate recognises the requirements of corporations. Amani has the facilities and expertise to create experiences with value-adding benefits and is able to facilitate each corporate's objectives of:

- + Staff motivation
- + Optimising employee performance levels
- + Executive and employee wellbeing
- + Enhancing your client relationships

S L O W

The lounge for extremely busy people



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