



AMANI
SPA & WELLNESS



THE AMANI HEAD OFFICE EXECUTIVE SPA is situated at 33 Fricker Road, in the heart of the Illovo business district, and offers busy executives a convenient spa location where you can unwind body and mind.

This unisex Spa facility offers upmarket wellness facilities for executives; it has multi-functional treatment rooms, a full range of pampering and grooming experiences, relaxing massages, luxurious facials, and a nail bar.

The spa also offers access to the boardroom for groups of up to 10 people, should you wish to host an intimate conference, executive meeting or coaching session. This can include spa treatments, and meals can also be catered for too.

So why sit in traffic before or after work? Rather book yourself a treatment and get to work or home fully refreshed and renewed.

Escape your busy routine – Escape to Amani Executive Spa

MASSAGE COLLECTION

STRESS RELEASE 60min R 480
A traditional Swedish massage using an array of techniques to provide immediate relaxation.

MUSCLE RECOVERY 60min R 480
A powerful therapy focusing on deep layers of muscle & connective tissue which is especially helpful for chronic muscular tension and stiffness.

BETTER DAY 60min R 480
Combining the power of gentle touch and Amani's signature aromatherapy essential balms, this holistic massage brings deep and lasting equilibrium to both body and mind.

BACK & NECK RESCUE 30min R 280
A relaxing massage focused on the back, neck and shoulders to relieve muscular tension.

PRESSURE POINT FOOT MASSAGE 30min R 280
A relaxing lower leg and foot massage leaving you feeling as though you are floating.

HAIR, NECK & SHOULDER TREATMENT 30min R 375
A relaxing massage focused on the head, neck and shoulders with a nourishing hair oil.

DELUXE FACIALS

BABOR
A results-driven skin care range, with the finest natural ingredients, providing a visibly improved, lasting, healthy skin tone and a luxury experience.

ANTI-AGEING 30min R 315 60min R 490

ULTIMATE HYDRATING 30min R 315 60min R 490

INTENSIVE PURIFYING 30min R 315 60min R 490

CALMING SENSITIVE 30min R 315 60min R 490

BEAUTIFUL HANDS & FEET

EXPRESS MANICURE 30min R 190

EXPRESS PEDICURE 30min R 190

CLASSIC MANICURE 60min R 250

CLASSIC PEDICURE 60min R 250

POWER MANI WITH GEL POLISH 60min R 395

POWER PEDI WITH GEL POLISH 60min R 395

ADD-ONS & MAINTENANCE

FRENCH POLISH 15min R 85

GEL POLISH APPLICATION 30min R 250

SOAK-OFF PER SET 30min R 105

RE-SHAPE, BUFF & POLISH 30min R 120

SPECIALISED HEEL TREATMENT 15min R 120

GENTLEMEN'S GROOMING

MANICURE R 170

GENTS PEDICURE R 220

SPECIALISED HEEL TREATMENT R 120

GROOMING

LADIES WAXING

FACE	R 280
EYEBROWS	R 75
LIP	R 75
CHIN	R 75
LIP BROW & CHIN	R 200
UNDERARMS	R 110
FULL ARM	R 185
BIKINI	R 150
BRAZILIAN	R 220
HOLLYWOOD	R 275
FULL LEG	R 240
3/4 LEG	R 210
1/2 LEG	R 195

GENTS WAXING

FACE	R 290
EYEBROWS	R 75
CHEST	R 250
BACK	R 295
FULL LEG	R 360

TEETH WHITENING

PURE SMILE

100% natural teeth whitening R 795
quick, efficient & painless.

EXEC ON THE GO

RELAX & RENEW 90min R 695

Choose any three treatments below:

DELUXE FACIAL	30min
BACK & NECK RESCUE	30min
EXPRESS MANICURE	30min
EXPRESS PEDICURE	30min
FOOT MASSAGE	30min

TINTING

EYELASHES	R 90
EYEBROW	R 80
LASH & BROWS	R 165

CORPORATE WELLNESS

Amani offers an extensive array of Tailor-made services and experiences designed to facilitate your specific requirements, budget, goals, objectives to:

Motivate your employees and increase their productivity, or
Thank your clients in a unique way and enhance relationships, or
Celebrate and create a special event

WE CREATE BESPOKE EXPERIENCES:

1. Choose your FOCUS
2. Choose your DESTINATION
3. Choose your ACTIVITIES
4. Choose your SPOILS

CORPORATE WELLNESS EXPERIENCES:

- HALF DAY & FULL DAY SPA PACKAGES:
Able to accommodate groups of all sizes
- POP UP SPAS:
At any location, providing a relaxing "on-the-go massage" at the workplace or wellness day, conference, event, launch or golf day.
- HOSPITALITY
Offerings for all business or leisure planning: Safari, City and Resort Getaways, Executive and teambuilding retreats, events and Mindfulness and Yoga Retreats.

DAY SPA PACKAGES

Day Spa packages, based on 10 pax or more are available at Amani Spa and Wellness, The Houghton and Amani Spa Radisson Blu Waterfront, Cape Town.

STRESS RELEASE FULL DAY PACKAGE 6hrs R 1 995pp

PEAK PERFORMANCE HALF DAY PACKAGE 3hrs R 1 100pp

YOUR CHOICE TO UNWIND 2.5hrs R 995pp 2hrs R 750pp

SPA ETIQUETTE

SPA FACILITIES:

Please understand that in keeping with the serene atmosphere within the spa, cell phones must be switched to silent.

PUNCTUALITY:

Guests are requested to arrive 10 minutes or more prior to your treatment time in order for you to complete a consultation card. A late arrival may result in a shorter treatment, or possibly even a forfeited treatment.

SPA OPERATING HOURS:

From Monday to Friday, from 07:00 - 19:00

SPA TREATMENTS:

All treatments are subject to therapists' availability. Prices are subject to change without notice, and are inclusive of vat.

CONSULTATION:

Please inform your therapist of any medical conditions, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

CHANGE ROOMS:

Shower facility is available.

PAYMENT:

We accept cash, debit cards, all credit cards and zapper for payment. In certain instances a prepayment may be required to secure your booking.

CANCELLATION POLICY:

A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 4 hours or less of the appointment time; in the case of a "no-show", the full cost will be charged.

GIFT VOUCHERS:

Gift vouchers are available from the spa and are redeemable at any Amani Spa nationwide. Vouchers can be issued for specific treatments or for a specific value. The original gift vouchers must be presented at an appointment in order to be honoured. Gift vouchers may not be redeemed for cash.

DISCOUNT VOUCHERS:

May only be used for spa treatments and may not be used for retail purchases. Special Offers and Promotions: May not be used in conjunction with discount vouchers or loyalty programmes.

DISCLAIMER:

Every person entering the spa facilities or utilizing the facilities and equipment on these premises does so entirely at their own risk and agrees that Amani, its management or therapists and/or the company shall not be held liable or responsible, whether jointly or severally, for any loss, injury or death, damages, claim and/or compensation of whatsoever nature. Such person by their entry to these premises for any reason whatsoever waives any and all claims against the aforementioned.

AMANI SPA, HEAD OFFICE

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