



AMANI
SPA & WELLNESS

SIGNATURE JOURNEYS

KURHULA BODY RITUAL

90min R1350

Discover your Kurhula, "inner peace" as you indulge in our signature holistic body ritual. This unique & luxurious full body massage, using Amani's signature coconut massage balm, flows into a revitalising mini facial bringing balance to your body, mind and soul.

JEWEL OF AFRICA JOURNEY

90min R1350

This unique African massage uses ancient African Rungu Warrior Sticks to deliver long deep pressure strokes that facilitates deep tissue manipulation promoting pain reduction, improved blood and lymph circulation.

HIMALAYAN SALT CRYSTAL RITUAL

90min R1350

A restorative and energising massage using warm coconut oil, unique Himalayan salt crystals and flowing massage movements for pure balance and rejuvenation. The healing Himalayan salt crystals offer the benefit of increased immunity to disease while the beautiful lamp ionizes and purifies your space.

THE TRAVELLER

90min R1350

Indulge in a nourishing and invigorating hand and foot ritual followed by a deeply relaxing warm coconut balm full body massage.

THE ESSENCE OF AFRICA

90min R1350

A luxurious facial journey into the world of powerfully active probiotic and botanic actives, to recapture your youth. Our luxurious ritual includes a relaxing scalp, back neck & shoulder massage and youth enhancing hand treatment.

LUXURIOUS BODY COLLECTION

RASUL

45min R550 2people R 900

A cleansing journey in a steam room with a selection of self-application scrubs & body masks to nourish & hydrate your skin followed by a tropical rain rinse, leaving you feeling fresh & rejuvenated.

AMANI BODY POLISH

30min R 315

Enjoy this cleansing exfoliation experience which leaves the skin radiant and soft to the touch.

AROMA CLAY DETOX BODY WRAP

60min R 750

A revitalising body exfoliation and natural clay body wrap infused with aromatherapy oils.

MASSAGE COLLECTION

CLASSIC SWEDISH

60min R 690 90min R1040

Couple's Suite

60min R1420 90min R2130

A traditional massage using an array of techniques to bring immediate relaxation.

AROMATHERAPY

60min R 740 90min R1100

Couple's Suite

60min R1630 90min R2310

Combining the power of gentle touch and Amani's signature aroma therapeutic essential balms, this holistic massage brings deep and lasting equilibrium to both body and mind.

DEEP TISSUE

60min R 740 90min R1100

Couple's Suite

60min R1630 90min R2310

A powerful therapy focusing on deep layers of muscle & connective tissue which is especially helpful for chronic muscular tension and stiffness.

LEFIKA HOT STONE

60min R 740 90min R1100

Couple's Suite

60min R1630 90min R2310

A sensory massage using natural river stones radiant with heat, nature's way of reducing deep muscle tension while stimulating circulation to activate vital life force energy.

IKËTLA BACK & SHOULDERS 30min R 420 45min R 570 60min R 710

A relaxing massage focused on the back, neck and shoulders to relieve muscular tension.

HAIR, NECK & SHOULDER TREATMENT

30min R 395

A relaxing massage focused on the head, neck and shoulders with a nourishing hair oil.

PRESSURE POINT FOOT MASSAGE

30min R 420

A relaxing lower leg & foot massage leaving you feeling as though you are floating.

BLISSFUL SOLES

45min R 580

Mineral foot soak, exfoliation and lower leg and foot massage.

REFLEXOLOGY *Subject to Reflexologist availability.

45min R 600

A holistic massage technique, manipulating pressure points on the feet to relieve tension and promote balance and well-being for body, mind and soul.

SPECIALISED THERAPIES

SPORTS RECOVERY MASSAGE 60min R 780 90min R1250
Incorporating massage techniques designed to assist in correcting imbalance in soft tissue. Ideal for before and after sporting events, for injury rehabilitation or muscle tension.

WARM TRIGGER POINT MASSAGE 30min R 520
An area-focused heated massage addressing a specific muscle group to relieve tension.

COOLING THERAPEUTIC MASSAGE 30min R 565
An area focused massage to decrease pain, swelling and inflammation.

BESPOKE BABOR FACIALS

A results-driven skin care range with the finest natural ingredients, providing a visibly improved, lasting, healthy skin tone and a luxury experience.

EXPRESS FACIAL	30min R 445
CLASSIC FACIAL	60min R 775
DELUXE FACIAL	90min R1150

Choose from one of the following treatment options:

MOISTURISING

Intense nourishing and moisturising treatment for dry skin.

CALMING

Gentle facial to calm and alleviate irritation while enriching your barrier function.

BALANCING

Balance your skin by bringing combination areas into harmony, leaving a refreshed and refined tone to reduce blemishes.

PURIFYING

An effective treatment to calm and clarify an oily and blemished skin.

VITALISING

To intensely regenerate, strengthen and vitalise stressed skin leaving it fresh and invigorated.

SKIN RENEWAL TREATMENT 75min R1085

Indulge in the ultimate anti-aging facial using delicate rose extracts and complex active ingredients to stimulate skin functions.

ULTIMATE GRAND CRU ANTI-AGING FACIAL 90min R1375

Indulge in the ultimate anti-aging facial using delicate rose extracts and complex active ingredients to stimulate skin functions.

BESPOKE ESSE FACIALS

ESSE is a South African, award winning, probiotic skincare technology boosting healthy skin to slow aging. It is a certified organic, vegan and cruelty free product.

ANTIOXIDANT BOOST FACIAL 30min R 435
Create balance in the skin with multi-layered needs.

HYDRO BOOST FACIAL 60min R 675
Bring back a healthy glow and plump out fine lines with this moisture infused facial.

GENTLE FACIAL 60min R 675
Calming and gentle with probiotics and botanicals to strengthen the skins defences.

AGE DEFY FACIAL 90min R 985
Restoring skin vitality and promoting collagen and elastin formation through enhanced penetration of probiotic and botanical actives.

FACIAL ADD-ONS

BABOR BEAUTY FLUID	R 90
ESSE BEAUTY AMPULE	R 155

FINISHING TOUCHES

WAXING

FACE	R 150
EYEBROWS	R 100
LIP	R 100
CHIN	R 100
UNDERARMS	R 125
FULL ARM	R 270
3/4 ARM	R 220
1/2 ARM	R 190
FULL LEG	R 390
3/4 LEG	R 295
1/2 LEG	R 250
BIKINI	R 270
G-STRING	R 265
BRAZILIAN	R 330
HOLLYWOOD	R 410

TINTING

EYEBROW	R 80
EYELASH	R 115
LASH & BROWS	R 180

BEAUTIFUL HANDS & FEET

EXPRESS MANICURE	30min R 235
EXPRESS PEDICURE	30min R 255
EXPRESS MANI & PEDI DUO	60min R 430
CLASSIC MANICURE	60min R 370
CLASSIC PEDICURE	60min R 390
CLASSIC MANI & PEDI DUO	90min R 640
GEL MANICURE	75min R 480
GEL PEDICURE	75min R 545
GEL MANI & PEDI DUO	120min R 785
EXPRESS MEDIHEEL PEDI	45min R 325
CLASSIC MEDIHEEL PEDI	75min R 465
GEL MEDIHEEL PEDI	90min R 575

ADD-ONS AND MAINTENANCE

PARAFFIN MASK	15min R 100
POLISH	15min R 55
FRENCH POLISH	15min R 55
GEL POLISH APPLICATION	30min R 275
SOAK-OFF PER SET	30min R 185
RE-SHAPE, BUFF & POLISH	20min R 210
MEDIHEEL TREATMENT	15min R 115

MOM TO BE

PREGNANCY MASSAGE	60min R 800
Relaxing Full Body Massage for Mom-To-Be. (* Only after 1st trimester)	

BLISSFUL SOLES	45min R 550
Mineral foot soak and exfoliation lower leg and foot massage.	

OH BABY	90min R 995
A relaxing massage focused on the back, neck and shoulders to relieve muscular tension followed by a Mineral foot soak and exfoliation lower leg and foot massage.	

YOUNG ADULTS (12 - 16 Years)

GLOWING FACIAL	45min R 475
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NAIL ENVY	30min R 215
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PRETTY PEDI	30min R 215
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TINY TOTS (6 - 11 Years)

MINI MASSAGE	30min R 190
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MINI MANI	30min R 190
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MINI PEDI	30min R 190
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TEETH WHITENING

PURE SMILE TEETH WHITENING	45min R 895
100% Natural teeth whitening – quick, efficient and painless	

AMANI MAN

BABOR GENTLEMAN'S FACIAL

60min R 690

Re-energise, revitalise and smooth your tired and fatigued skin with this brilliant energising facial, specialised to men's skincare needs.

MANLY MASSAGES

CLASSIC SWEDISH

60min R 690 90min R1040

A traditional massage using an array of techniques to bring immediate relaxation.

AROMATHERAPY

60min R 740 90min R1100

Combining the power of gentle touch and Amani's signature aroma therapeutic essential balms, this holistic massage brings deep and lasting equilibrium to both body and mind.

DEEP TISSUE

60min R 740 90min R1100

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PRESSURE POINT FOOT MASSAGE

30min R 420

A relaxing lower leg & foot massage leaving you feeling as though you are floating.

MANICURE & PEDICURE

MANICURE

45min R 295

PEDICURE

45min R 320

WAXING

FACE

R 150

CHEST

R 285

EYEBROWS

R 100

ABDOMEN

R 160

BACK

R 410

FULL LEG

R 390

ARM

R 270

PAMPER JOURNEYS

INDULGENCE

3hrs R1250

- Ikêtle Back, Neck & Shoulder Massage
- Intense Purifying Facial
- Express Mani & Pedi

JETSETTER'S REJUVENATION

4hrs R1550

- Rasul
- The Traveller
- Classic Facial

FEAST FOR THE SOUL & SENSES

5hrs R2000

- Classic Swedish Massage
- Deluxe Facial
- Mani & Pedi Duo

AMANI ROMANCE (2 People)

3hrs R3260

- Steam Cocoon
- Any Signature Journey

ESSENTIAL BLISS

5hrs R2875

- Gel Manicure
- Gel MediHeel Pedicure
- The Essence of Africa Signature Facial

* All Packages include a welcome drink & a choice of breakfast or lunch (1 hr included in package time).

GIRLS JUST WANNA HAVE FUN (min 4 pax)

90min R675pp

A relaxing and fun way to celebrate Hen Parties, Baby Showers and Birthday Parties. Enjoy a relaxing Ikêtle Massage followed by an Express Mani & Pedi Duo.

- Optional Party Extras: Special Cakes, Champagne, Wine, Flowers, Gifts & more (additional cost).
- Tailor Make Your Own Special Package.

CORPORATE WELLNESS

Amani offers an extensive array of tailor-made services and experiences designed to facilitate your specific requirements, budget, goals, objectives to:

Motivate your employees and increase their productivity, or
Thank your clients in a unique way and enhance relationships, or
Celebrate and create a special event

WE CREATE BESPOKE EXPERIENCES:

1. Choose your FOCUS
2. Choose your DESTINATION
3. Choose your ACTIVITIES
4. Choose your SPOILS

CORPORATE WELLNESS EXPERIENCES:

- HALF DAY & FULL DAY SPA PACKAGES:
Able to accommodate groups of all sizes
- POP UP SPAS:
At any location, providing a relaxing "on-the-go massage" at the workplace or wellness day, conference, event, launch or golf day.
- HOSPITALITY
Offerings for all business or leisure planning: Safari, City and Resort Getaways, Executive and teambuilding retreats, events and Mindfulness and Yoga Retreats.

CORPORATE PACKAGES

Corporate Wellness Package based on 10 pax or more:

STRESS RELEASE FULL DAY PACKAGE

6 hrs R2150pp

Inclusive of:

- Welcome Drink
- Spa Breakfast
- Full Body Massage
- Facial
- Spa Lunch
- Mani & Pedi Duo

PEAK PERFORMANCE HALF DAY PACKAGE

3 hrs R1100pp

Inclusive of:

- Massage or Facial
- Manicure or Pedicure
- Spa Breakfast or Lunch

YOUR CHOICE TO UNWIND

- 90min Treatment of your choice
- Spa Breakfast or Lunch

2.5hrs R1050pp

or

- 60min Treatment of your choice
- Spa Breakfast or Lunch

2hrs R 750pp

Additional Extras:

- Goodie Bag From R150 (Tailormadeforyourbudget)
- Gift Voucher Book: R5 000 (Value of R6380)
- Gift Voucher Book: R10 000 (Value of R12 760)

SPA ETIQUETTE

SPA FACILITIES:

Amani offers spa guests age 16 and over the use of its facilities. Please understand that in keeping with the serene atmosphere within the spa, cell phones must be switched to silent.

PUNCTUALITY:

Guests are requested to arrive 20 minutes or more prior to your treatment time in order for you to complete a consultation card. A late arrival may result in a shorter treatment, or possibly even a forfeited treatment.

SPA OPERATING HOURS:

From Monday to Sunday, including most public holidays, from 08h00 - 20h00. Closed Christmas Day.

SPA TREATMENTS:

All treatments are subject to therapists' availability. Prices are subject to change without notice, and are inclusive of VAT.

CONSULTATION:

Please inform your therapist of any medical conditions, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

CHANGE ROOMS:

You will be provided with a locker for your personal items. A gown and a pair of slippers may be utilised for the duration of your visit at the spa.

SAFETY REGULATIONS:

We recommend that you do not wear any jewellery during your visit, and that you keep all valuables (including cell phones) safe in your room.

PAYMENT:

We accept debit cards, all credit cards and room charges for payment. In certain instances a prepayment may be required to secure your booking.

AGE RESTRICTION:

All guests over the age of 16 are welcome for treatments. Adult supervision is required for guests under the age of 16 years old.

DRESS CODE:

The Spa has a no-nudity policy, you will be provided with a gown and slippers.

CANCELLATION POLICY:

A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 8 hours or less of the appointment time; in the case of a "no-show", the full cost will be charged.

GIFT VOUCHERS:

Gift vouchers are available from the spa and are redeemable at any Amani Spa nationwide. Vouchers can be issued for specific treatments or for a specific value. The original gift vouchers must be presented at an appointment in order to be honoured. Gift vouchers may not be redeemed for cash.

DISCOUNT VOUCHERS:

May only be used for spa treatments and may not be used for retail purchases. Special Offers and Promotions: May not be used in conjunction with discount voucher or loyalty programmes.

DISCLAIMER:

Every person entering the spa facilities or utilizing the facilities and equipment on these premises does so entirely at their own risk and agrees that Amani, its management or therapists and/or the hotel shall not be held liable or responsible, whether jointly or severally, for any loss, injury or death, damages, claim and/or compensation of whatsoever nature. Such person by their entry to these premises for any reason whatsoever waives any and all claims against the aforementioned.

T : +27 41 509 5333
T : +27 11 268 2060

amanispape@radissonblu.com
info@amanispas.co.za

Corner of 9th Avenue & Marine Drive,
Summerstrand, 6001, Port Elizabeth

www.radissonblu.com
www.amanispas.co.za

Radisson 
HOTEL, PORT ELIZABETH