



AMANI  
SPA & WELLNESS

## SIGNATURE JOURNEYS

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### KURHULA BODY RITUAL

90min R1320

Discover your Kurhula, "inner peace", as you indulge in our signature holistic body ritual. This unique and luxurious full body massage, using Amani's signature coconut massage balm, flows into a revitalising mini facial bringing balance to your body, mind and soul.

### ROSE SALT CRYSTAL RITUAL

90min R1320

Experience the restorative and energising quality of warm salt crystals, rich coconut balm and flowing movements, which work in unison to rapidly reduce tension in the body. This deluxe treatment balances your energies, releases emotional stress and leaves you with a feeling of complete relaxation and wellbeing.

### JEWEL OF AFRICA JOURNEY

90min R1320

This unique African massage uses ancient African Rungu warrior sticks to deliver long deep pressure strokes that facilitate deep tissue manipulation, promoting pain reduction and improved blood and lymph circulation.

### REFUEL BODY RITUAL

90min R1320

Enjoy complete relaxation during the scalp, back, leg, neck and shoulder massage followed by a rejuvenating express facial.

### THE TRAVELLER

60min R 880

A therapeutic foot ritual followed by a deeply relaxing back, neck and shoulder massage.

### THE DELUXE TRAVELLER

90min R1100

A therapeutic foot ritual followed by a deeply relaxing full body massage.

## MASSAGE COLLECTION

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### CLASSIC SWEDISH

60min R 790 90min R1160

Traditional massage using an array of techniques bringing immediate relaxation.

### AROMATHERAPY

60min R 790 90min R1160

Combining the power of gentle touch and Amani's Signature Aroma Therapeutic Essential Balms, this holistic massage brings deep and lasting equilibrium to both body and mind.

### DEEP TISSUE

60min R 790 90min R1160

A powerful therapy focusing on deep layers of muscle and connective tissue. This is especially helpful for chronic muscular tension and stiffness.

### LEFIKA HOT STONE

60min R 790 90min R1160

A sensory massage using natural river stones radiant with heat. Nature's way of reducing deep muscle tension while stimulating circulation to activate vital life force energy.

### IKËTLA

30min R 490 45min R 640 60min R 790

A relaxing massage focused on the back, neck and shoulders to relieve muscular tension.

### PRESSURE POINT FOOT MASSAGE

30min R 490

A therapeutic lower leg and foot massage leaving you feeling as though you are floating.

### MOM-TO-BE MASSAGE

60min R 790

A completely relaxing full body massage.

### HAND OR FOOT RITUAL

30min R 400

A nourishing soak and scrub followed by a massage to soothe and relax tired hands or feet.

## LUXURIOUS BODY COLLECTION

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### POLISH AND NOURISH

30min R 450

Enjoy this exfoliating and cleansing experience which leaves the skin radiant and soft to the touch and includes a rich body butter application.

### SENSATIONAL BUSH BATH AND IKËTLA MASSAGE

60min R 750

Unwind in the bush bath and soak your stresses away. Followed by an Ikëtle back, neck and shoulder massage.

### AMANI COCOON

75min R 850

A full body exfoliation and wrap to nourish the skin while enjoying a relaxing scalp and foot massage. The experience is completed with a body butter application.

### SENSATIONAL BUSH BATH AND MASSAGE

90min R 940

Unwind in the bush bath and soak your stresses away. Followed by a full body massage.

### SLIMMING AND DETOX JOURNEY

2hrs R1495

A cleansing, exfoliating mud wrap followed by an area focused slimming and draining massage helping to restore and activate the lymphatic system.

## BUSH BABIES

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### ELEPHANT FOOT PRINT MASSAGE

20min R 250

### THE BUSY BEE BACK MASSAGE

20min R 250

### PAW MANI

20min R 250

### PAW PEDI

20min R 250

## DELUXE FACIALS

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### EXPRESS FACIAL

30min R 520

A customised treatment to cleanse, exfoliate and nourish. Great for guests on the go or first timers.

### HYDRO BOOST FACIAL

60min R 780

Bring back a healthy glow and plump out fine lines with this moisture infused facial.

### GENTLEMAN'S POWERLIFT FACIAL

60min R 780

Create balance in your skin with multi-layered needs, using probiotics and botanicals to strengthen your skin's defences.

### ADD-ONS FOR ALL FACIALS

#### • BACK, NECK AND SHOULDER MASSAGE

20min R 280

#### • LASH AND BROW TINT

20min R 280

#### • NAIL BUFF AND POLISH

30min R 280

## BEAUTIFUL HANDS AND FEET

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### CLASSIC MANICURE

60min R 480

A hand treatment consisting of a hand soak, scrub, cuticle care, nail shaping, hand massage and polish application, leaving your hands beautifully conditioned.

### CLASSIC PEDICURE

60min R 495

Enjoy a relaxing foot soak and scrub, followed by nail shaping, cuticle care and polish application. A soothing and moisturising foot massage completes the treatment.

### RE-SHAPE, BUFF AND POLISH

30min R 280

### SOAK-OFF PER SET

30min R 240

# PAMPER JOURNEYS

## AFRICAN PRINCESS

2hrs R1210

A complete beauty package focused on a luxurious facial leaving you as pretty as a princess. Awaken from your journey with beautifully hydrated skin, your eyelashes and eyebrows tinted and your nails (hands or feet) buffed and polished to the colour of your choice.

## AMANI ROMANCE ( 2 PEOPLE )

2hrs R3250

Your romantic retreat begins with a rejuvenating body polish and relaxation in the bush bath, followed by our signature Kurhula Body Ritual, pampering the body with an indulgent full body massage which then flows into a revitalising mini facial.

## THE FEAST FOR THE SOUL AND SENSES

3½hrs R2335

Discover a little African magic and experience Amani's Signature Rose Salt Crystal Ritual using unique crystals, warm oils and flowing movements, to balance energy and release emotional stress. Your journey continues with a luxurious regenerating facial and classic pedicure to leave you feeling totally relaxed and rejuvenated.

## AMANI ROYALE

4½hrs R2695

Surrender to a day of head-to-toe pampering making you feel like royalty. Begin your journey with a hydrating body polish followed by an Aromatherapy Massage; a rhythmic, gentle, full body massage using therapeutic aromatic plant oils to relax the body followed by a luxurious facial. A conditioning and nourishing mani and pedi duo completes your journey.

# SPA ETIQUETTE

**SPA FACILITIES:** In keeping with the serene atmosphere within the Spa, we kindly request that cell phones are switched off or on silent.

**PUNCTUALITY:** Guests are requested to arrive 15 minutes or more prior to your treatment time in order for you to complete the consultation card. A late arrival may result in a shorter treatment, or possibly even a forfeited treatment.

**SPA OPERATING HOURS:** From Monday to Sunday, including Public Holidays, from 08:00 - 17:00  
Earlier or later appointments can be arranged upon request.

**SPA TREATMENTS:** All treatments are subject to therapist availability. Prices are subject to change without prior notice, and are inclusive of VAT.

**CONSULTATION:** Please inform your therapist of any medical conditions, allergies, intolerances or needs before your treatment. Please note, certain treatments are not permitted for women within their first trimester of pregnancy.

**SAFETY REGULATIONS:** We recommend that you do not wear any jewellery during your visit, and that you keep all valuables (including cell phones) safe in your locker. Your locker key should be kept with you, personally, at all times.

**PAYMENT:** All Guests are required to pay for their treatment/s by way of signing the treatment/s to their room account. Amani does not accept cash, credit cards or debit cards.

**PRODUCT REFUND POLICY:** Products may be returned within 48 hours of purchase, provided the product has been unopened, unused and is in the same condition in which it was purchased. A refund will be provided in the form of an Amani Spas gift voucher for the value of the original product purchase price.

**AGE RESTRICTION:** Guests of 16 years and over are welcome at Amani Spas. Adult supervision is required for children under 16.

**CANCELLATION POLICY:** A booking cancellation fee of 50% will be charged on all bookings that are cancelled within 8 hours or less of the appointment time; in the case of a "no-show", the full cost will be charged. Should the booking be confirmed with a gift voucher, a cancellation fee of 50% of the value of the gift voucher will be charged, and in case of a "no show", the full value of the gift voucher will be considered as redeemed. Should a group consisting of 5 persons or more wish to cancel their booking, they are requested to provide at least one week's notice or the full value of the group booking will be charged.

**GIFT VOUCHERS:** Gift vouchers are available from the spa and are redeemable at any Amani Spa nationwide. Vouchers can be issued for specific treatments or for a specific value. The original gift vouchers must be presented at an appointment in order to be honoured. Gift vouchers may not be redeemed for cash.

**SPECIAL OFFERS:** May not be used in conjunction with discount vouchers or loyalty programmes.

**DISCLAIMER:** Every person entering the spa facilities or utilizing the facilities and equipment on these premises does so entirely at their own risk and agrees that Amani, its management or therapists and/or the Lodge owners, management and employees shall not be held liable or responsible, whether jointly or severally, for any loss, injury, damages, claim and/or compensation of whatsoever nature. Such person by their entry to these premises, for any reason whatsoever, waives any and all claims against the aforementioned.



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