



amani
SPA & WELLNESS

Transform Your Life

TREATMENT MENU

RELAX & UNWIND AT SLOW LOUNGE WITH A COMPLIMENTARY SPA TREATMENT AT AMANI SPA'S TREATMENT ROOM

Domestic Lounges

IKETLA BACK, NECK AND SHOULDERS MASSAGE

15min

Ikêtle meaning "unwind", is a deeply relaxing massage targeting sore muscles, allowing the tension to drain from the shoulder, back and neck areas.

SCALP AND NECK MASSAGE

15min

The ultimate tension relieving massage focussing on the scalp & neck areas.

FOOT AND LEG MASSAGE

15min

A reviving foot and leg massage aimed at soothing sore and tired feet, hydrating the skin and improving circulation.

International Lounges

IKETLA BACK, NECK AND SHOULDERS MASSAGE

15min

Ikêtle meaning "unwind", is a deeply relaxing massage targeting sore muscles, allowing the tension to drain from the shoulder, back and neck areas.

FOOT AND LEG MASSAGE

15min

A reviving foot and leg massage aimed at soothing sore and tired feet, hydrating the skin and improving circulation.

HAND REJUVENATION

15min

Invigorating Amani Rose Salt exfoliation followed by an energising hand massage, leaving your skin smooth and nourished.

FOOT REJUVENATION

15min

Invigorating Amani Rose Salt exfoliation followed by an energising foot massage, leaving your skin smooth and nourished.

Spa Etiquette

SPA BOOKINGS:

All Spa reservations are made at SLOW Lounge Reception.

SPA TREATMENTS:

Spa treatments are complimentary and subject to therapist availability.

PUNCTUALITY:

We kindly request you arrive on time as a late arrival may result in reduced treatment time or possibly even forfeited.

DISCLAIMER:

SLOW, Amani Spa & Wellness or any of its Spa therapists do not accept responsibility for adverse reactions, accidents or complications before, during or after Spa treatments. Amani Spa & Wellness is not liable for any theft, damage or loss that may occur.

Corporate Wellness & Group Packages

Amani Spa & Wellness's corporate solutions combine intentional leadership, team enhancement and self development with wellness and immersive activities in a fun, transparent and collaborative way. Amani Spa & Wellness's corporate offerings are designed to facilitate the corporate objectives of:

- Staff motivation
- Optimising employee performance levels
- Executive and employee wellbeing
- Enhancing your client relationships

S L O W

The lounge for extremely busy people



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Domestic Lounge: Cape Town International Airport, King Shaka International Airport & O.R. Tambo International Airport
International Lounge: O.R. Tambo International Airport